Beginner Dance Class

EVERYONE WELCOME - 1ST NIGHT FREE !

Who: Ages 12 - Adult
(ages 12-15 must be accompanied by paying adult class member)

What: Weekly Beginner square dance class

Why: Fun, Meet New Friends & Neighbors

When: Tuesday Nights beginning August 11th 7-9pm

Where: Northdale Recreation Center
(1414 Saint Albans St. North, St. Paul, MN) Phone: 651-472-3927

Cost: Adults $6 / 18 & under $3

Instructor: Dan Sahlstrom - 30 years experience
www.DanSahlstrom.com - Phone 651-230-2800

Come meet your neighbors, invite your friends and bring your family to this **FUN BEGINNER** dance class. No dance experience necessary - learn to walk in time to the music while completing patterns in a square formation.

Modern square dancing to all kinds of music ranging from fiddle tunes to rap style is a heart healthy activity that promotes group and family cooperation, listening and learning for all ages.

No partner required, No fancy clothes. Bring a smile and a friend !